

CTC Ride Leader

Name - Jill Seamen



How long have you been cycling?

I cycled as a child and, as a teenager and a student, my bike was my main form of transport. I stopped cycling in my 20s when I got a car.

What got you into cycling?

In the early nineties I cycled while on holiday in Norfolk. I loved it and cycling has been an important part of my life since then, particularly cycle touring.

When did you join the club and why?

In 2012 my husband, Peter, and I cycled from home to Istanbul. The following winter we were invited to show pictures of the trip at a clubroom evening. We found CTC members friendly and welcoming and started riding with the club, mainly on Tuesdays.

Why did you decide to become a ride leader?

I have always been grateful to those who led rides and realised I could contribute too.

What bike do you ride?

In summer I ride a lightweight women's Trek 5000 (with small 650mm wheels to suit my short legs!) In winter I ride something sturdier and I also have a folding Brompton bike.

Favourite film?

I am not a film buff but on the TV I enjoy nature documentaries, travel programmes with Simon Reeve – and Have I Got News for You.

Favourite music?

Stuck in the sixties, I'm afraid. The Beatles.....Joan Baez.....Eric Clapton...

Hobbies and Pastimes

As well as cycling I enjoy walking, skiing, travelling. I am also an active member of my local church.

