

CTC Ride Leader

Name - Marina Friend



How long have you been cycling?

I cycled a lot since I was a child, but had a long break from my early twenties to mid-forties.

What got you into cycling?

I returned to cycling to commute to work and found it very enjoyable. It charged me with energy in a morning and helped to relax on my way home.

When did you join the club and why?

I wanted to cycle more and further but wasn't feeling confident enough on a road on my own and didn't know any suitable routes. I joined the CTC Coventry just over two years ago and loved it from my first ride. I met very friendly and caring people, and now enjoy both riding and socialising.

Why did you decide to become a ride leader?

I decided to become a ride leader to share my passion for cycling with others, to try to involve more people, especially women, into regular cycling to help them to improve their fitness, riding skills, confidence on a road, and to enjoy the freedom of cycling.

What bike do you ride?

I ride Calibre "Lost Lass" bike 

Favourite film?

"Forrest Gump" .

Favourite music?

I love various types of music

Hobbies and Pastimes

I play piano badly just for myself ☹