



we are
cycling
UK

CTC Coventry - www.coventryctc.org.uk

CTC Coventry & CTC Rugby - Weekly Bulletin

26th May 2021

George took the sensible decision on Sunday to shorten the ride because of impending rain. We arrived home before the deluge having had a very pleasant ride to Gilmorton and Shawell. It was like a blast from the past to go to the café at Ullesthorpe and be welcomed inside. Hopefully we are at last returning to normal.

Alan reports on his Tuesday ride to the Southam Gateway Café

A numerically compliant six of us met up at Stoneleigh for this week's Tuesday ride. Taking Coffee at Farmers Fayre, we all paid our Air Ambulance fare, and pleasingly, after some recent awful weather, the day too was fair.

The hot topic was seeing Robert Perkins new electric-assist bike. Very smart and sleek with the motor in the bottom bracket and the battery enclosed in the down-tube. Definitely food for thought as tempus is definitely fugit'ing for many of us!

I had planned a couple of "Tinley Track" options on the route however common sense did kick in with the towpath at Stockton likely to provide very muddy ... and none of us wanting to see the distress of Robert's pristine bike getting covered in muck and bullets! .. so we diverted down Collingham Lane.

Passing through Long Itchington we wended our way to Southam for a stop at the Gateway Cafe. Right on schedule out came the sun and it was really pleasant sitting outside in the sunshine and warmth. Everyone seemed happy with the food, the service, and the inane ramblings!

On the way back we used the path from the Fosse Way at Harbury up to the Witnash Golf course which, pleasingly, was free from mud and a great alternative to dicing with the traffic on Harbury Lane...and kept our erstwhile offroad chairman happy!

We had a little leg buster climbing the Champion Hill in Leamington and then a pootle back to Stoneleigh.

Thank you Pip, Peter, Paul, Robert and Bob.

Centenary Reminders

Please make your booking for the **Centenary Barbecue** by emailing Keith Jeacock: k.jeacock@btinternet.com to book your place. Cycling and non-cycling partners are welcome and there is ample parking at the Village Hall, so you don't even have to drive there, although there will be some rides from the War Memorial Park to the event. Full details can also be seen on the website: <https://coventryctc.org.uk/special-celebratory-bbq-at-fillongley> Doors open at 12.00hrs at Fillongley Village Hall on **18th July** and remember that we are holding a bring and buy book sale. All the proceeds will be donated to the Air Ambulance Service.

100-mile Bike Week Challenge - Don't forget to register for our 100-mile Bike Week Challenge, by emailing Peter Seamen, 100-miles@CoventryCTC.org.uk. It's a bit of fun to accumulate 100-miles during Bike Week - more information can be seen on the website: <http://coventryctc.org.uk/bike-week-100mile-in-a-week-challenge>.

Meriden - 5th September - There is good news about the Meriden Cyclists' Service: we are being allowed to have use of the sports pavilion by the roundabout for the first time. It will be used for catering and toilets and the outside area will be used for two displays of vintage cycles, one provided by the Veteran Cycle Club and the other display will be brought by the Army possibly including some paratroopers folding bikes from World War II. A couple of marshalls are needed on the day: if you can help please email David Hearn, Dave@MargaretHearn.plus.com

100-km Challenge Ride - this is a fully catered ride and is the big cycling event of our year on **12th September**. Full details, including a route map are on the website: coventryctc.org.uk/100-km-centenary-challenge-ride, but I would like to add a few details. 100-km is 64-miles, which doesn't sound quite so far. The pace of a ride is more critical than the distance and because we have a morning coffee stop, a lunch stop and an afternoon tea stop you will never have to ride more than 20-miles between refuelling stops. You will be provided with drinks and snacks at the morning and afternoon stops and a light 2-course meal at lunchtime. This is a formula we have used successfully on the National Tri-ennial 100-mile Veterans ride that we have been running since 2001, so the emphasis is on an enjoyable, sociable ride.

Now is the time to start increasing your ride mileages in preparation for the event, which will take you to some of the best riding we can offer in the area. There will be a maximum of 10-riders in each led group so there no need to worry about navigation - just turn up and enjoy. with a maximum of 10-riders per group.

There is a limit of 60-riders on the event because of catering constraints, so it would be as well to get your registration in quickly by emailing Bob Tinley:

Chairman@CoventryCTC.org.uk and make it your goal for the year.

Bike Week runs from 30th May to 6th June and there are lots of activities planned: including women's rides and rides to encourage new cyclists.

As well as the **100-mile Bike Week Challenge** mentioned above we are also running a **100-mile Century Ride** on 6th June starting from the War Memorial Park in Coventry. This is a replacement to the fully catered 100-mile ride that had to be cancelled and riders are asked to carry their own refreshments - it promises to be a good day out. Entrants must email Bob Tinley in order to take part: Chairman@CoventryCTC.org.uk. More details can be viewed on the website: <https://coventryctc.org.uk/100-mile-centenary-ride> .

The full Bike Week programme can be viewed on the website:

<http://coventryctc.org.uk/2021-bike-week>, and Vicky has prepared an **excellent short video** about our Bike Week activities - find out what's happening and **enjoy the video** here: <https://vimeo.com/548021666>.

Apology

We have had a problem on the website with its mail order functions. It has arisen since there was an automatic update of the Wordpress software which we use. We are doing our best to resolve the difficulties, but in the meantime Alan has simplified the system for ordering Jerseys, or booking events by asking you to email the organiser. They will send out the necessary details.

This has meant that, for example, an email notification that someone has ordered a lapel badge, or jersey has not been sent out. I am very sorry if you have been affected and would be glad if you could email Chairman@CoventryCTC.org.uk to resolve your order.

I apologise for any inconvenience this may have caused.



It could only be on Shetland that you get a sign like this, near Esherness.

Rides

1. Please remember that we are collecting voluntary contributions of £1 per person per ride for the Air Ambulance as part of our Centenary effort.
2. Although we are now allowed to ride in groups of up to 15 riders we will keep our booking system in place. We will be able to go into cafes but with a maximum of 6 people per table.
3. Please book for all rides by Friday evening following this Bulletin to allow leaders to arrange refreshments, or extra group leaders as necessary.
4. Sunday rides will start at a various points around the Coventry War Memorial Park. When you book with the leader you will receive full details of the ride including that crucial meeting point.
5. Refreshments will not necessarily be available during the ride, but the leader will tell you the situation in advance.
6. We all understand that cafe proprietors have had a very tough time over the last year - please be sure to respect any directions you may be given.

Sunday 30th May - the start of Bike Week and a rather different programme from usual

09.30hrs Please note the later time than usual - Bob Tinley will lead a 64-mile ride from the War Memorial Park, Coat of Arms Bridge Road Car Park to Ravenshaw for coffee, to Studley for a picnic lunch and Wroxall for tea at 16.00hrs - 6 teas have been booked and paid for (£5 each) they may not be able to accommodate more than 6 for tea. Please bring your own picnic. Please email Bob: Chairman@CoventryCTC.org.uk to book your place and get full details of the ride.

09.30hrs Nigel Hickman will lead a 45-mile ride from the WMP, Tennis Court Café to Newbold-on-Avon, Willoughby and Long Itchington. Please email Nigel: 22tandn@gmail.com to book your place and get full details of the ride.

10.00hrs Helen Tolley, Marina Friend and Sak Wathanasin will lead a 10-mile ride for new riders from Stoke Aldermoor Life Centre. Please email Helen: surffoxhelen@yahoo.co.uk to book your place and get full details of the ride.

10.00hrs Vicky Palethorpe, Alan Jelley and Terry Moles will lead a 5-mile ride for new riders from Stoke Aldermoor Life Centre. Please email Vicky: Secretary@CoventryCTC.org.uk to book your place and get full details of the ride.

Tuesday 1st June

09.30hrs & 10.30hrs Vicky Palethorpe, Marina Friend, Terry Moles and Sak Wathanasin will lead family rides from Stoke Aldermoor Life Centre. Please email Vicky: Secretary@CoventryCTC.org.uk to book your place and get full details of the ride.

11.30hrs Mike Thomas will lead a 45-mile ride from Northampton Station Café. Take the train to Northampton, bring a picnic and ride home. Please email Mike: mike999thomas@gmail.com to book your place and get full details of the ride.

Wednesday 2nd June Womens Ride

09.30hrs Marina Friend will lead a 32-mile ride from the War Memorial Park, Park and Ride Bus Stop to Knowle. Please email Marina: marinafriend@hotmail.co.uk to book your place and get full details of the ride.

Thursday 3rd June

18.30hrs Helen Tolley and Vicky Palethorpe will lead a 10-mile women's evening ride from Stoke Aldermoor Life Centre. Please email Helen: surffoxhelen@yahoo.co.uk to book your place and get full details of the ride.

Saturday 5th June

10.00hrs Peter and Jill Seamen will lead a 5-mile ride for new riders from Stoke Aldermoor Life Centre. Please email Peter and Jill: pj@seamen.plus.com to book your place and get full details of the ride.

10.30hrs Vicky Palethorpe and Marina Friend will lead a 10-mile ride for new riders from Stoke Aldermoor Life Centre. Please email Vicky: Secretary@CoventryCTC.org.uk to book your place and get full details of the ride.

News

I'm sorry to have to report that Arthur Burgess passed away last week - he had been a regular Sunday rider and we send our condolences to his partner, Mo. Arthur's funeral will be at 1.00 on Thursday 27th May at the Canley Crematorium.

HS2

The latest news can be viewed here: <https://hs2inwarwicks.commonplace.is/news>

World Bicycle Day Virtual Bike Breakfast - 3 June

Join a Virtual Bike Breakfast and webinar with GB Cycling team member Hannah Escott on World Bicycle Day. Start the day with a bike ride if you can, then sit back and listen to her 30-minute motivational story followed by an interactive Q&A session. Find out more and register for the webinar. <https://register.gotowebinar.com/register/8299304396895723787>

City of Culture

The City of Culture team are currently looking for confident / experienced cyclists that are comfortable riding with others or as part of a Peloton. Although at a slower and steady pace, participants will be needed to ride approximately 15 miles , split into two parts (7.5 miles each) along a designated route in Coventry. Each part needs to be completed in 1 hour 30 minutes (you will have a break inbetween). Riders also need to be open to wearing costume, a particular colour or theme. Get full details here: <http://coventryctc.org.uk/coventry-moves>

Kenilworth Market

On Saturday (May 29th) there will be a special market in Talisman Square, free car parking and a shop window competition.

- From 9.30am to 3pm free secure cycle parking at the Kenilworth Centre, Abbey End.
- Free bike safety checks courtesy of Dr Bike - a quick 15 minute bike safety check and are a great idea for anyone whose bike has been out of action for a while or hasn't been professionally serviced. There are a limited number of slots which can be booked here.
- The local Police Safer Neighbourhoods Team will be offering free bike security marking from 1pm to 3pm - first come first served!
- The first 100 people arriving at the Centre by bike will also get a £1 voucher to spend in the local cafes – the Almanack, Ardens, Coffee on the Corner, Delightful Desserts are all taking part.

Kenilworth Naturewatch

For a full listing of the family-friendly events from Sat 29th May to Sunday 6th June and relevant booking links click here: www.kenilworthweb.co.uk/knw21/.

Where are we?

Here is the answer to last week's puzzle plus another teaser from Dave Hearn:



This is Eileen Sheridan - a Coventry cycling legend, she began touring but became a record breaking racing cyclist.



This is another Coventry cycling legend who broke many records including riding from Lands End to John O'Groats in 2 days, 18 hours and 4 minutes (871 miles) in 1953.

Question Who is she?

Reminders

1. Book your ticket for the barbeque. k.jeacock@btinternet.com
2. Sign up for the Bike Week 100-mile Challenge. 100-miles@coventryctc.org.uk
3. Reserve a place on the 100-mile Centenary Ride. Chairman@CoventryCTC.org.uk
4. Prepare for and reserve a place on the 100-km Centenary Challenge Ride. Chairman@CoventryCTC.org.uk