<u>2023 June – The Way of the Roses Tour Information</u>

1. Outline

- 1.1. This is a moving on self-sufficient tour from Morecambe to Bridlington through the Yorkshire Dales. In total the route covers 170 miles and 6,900 ft of climbing. For those that did the Sea to Sea in 2022 that was 130 miles and 8,200 ft of climbs.
- 1.2. You can expect some spectacular riding in scenic countryside with some significant hill climbing.
- 1.3. The maximum number of riders on the tour will be 10. Currently 7 people have expressed an interest: Peter

Farrell, Steve Davoile, Andy Gilbert, Lorraine Platt, Brid Reeves, Suzanna Baynard, Julie Bruce

1.4. There is an official online guide to the Way of the Roses at http://wayoftheroses.info



2. Fitness

You must be prepared to ride up to 45-miles each day with up to 1000m of climbing. This is about 50% more climbing as you would expect on a 45-mile ride in Warwickshire. Also, remember you will be carrying the extra weight of panniers and kit.

3. Route

Date	From	То	Distance (miles)	Ascent (feet)
Fri 9 th June	Morecambe	Malham	42	2,700
Sat 10 th June	Malham	Rippon	40	2,560
Sun 11 th June	Rippon	Pocklington	49	632
Mon 12 th June	Pocklington	Bridlington	44	1484





GPX

Routes (Provisional until accommodation booked)

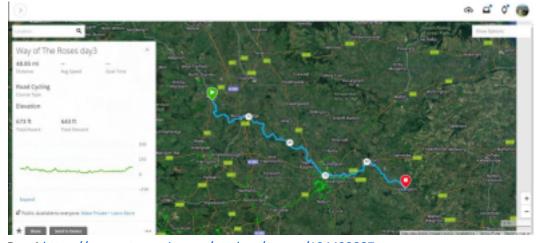
Day 1 https://connect.garmin.com/modern/course/134520117



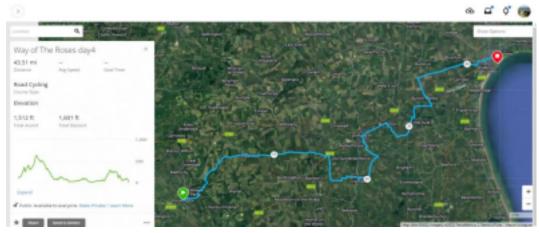
Day 2 https://connect.garmin.com/modern/course/134520426



Day 3 https://connect.garmin.com/modern/course/134433242



Day 4 https://connect.garmin.com/modern/course/134433887



4. Joining and leaving the tour.

- 4.1. Train up to Morecambe the day/night before the tour...
- 4.2. Train back home after we finish in Bridlington hopefully mid-afternoon...

4.3. Train fares will be about £100, but the price varies according to when you book and whether you have a senior rail card. Booking 12-weeks in advance can make it much cheaper than booking at the last minute.

5. Accommodation

- 5.1. Accommodation will be in local hotels and will be booked by Peter Farrell.
- 5.2. It's expected that 4-night's bed and breakfast will cost about £45/night: a total of £180.
- 5.3. No deposit, or payment is required at this stage.

6. Booking

Please email Peter Farrell at Peter.Farrell@CoventryCTC.org.uk to register your interest and get further information about the tour.