

2023 September - Mid-Wales Tour Outline

1. Outline

1.1. This is a moving on self-sufficient tour in an isolated part of Wales.

1.2. You can expect some spectacular riding and some significant hill climbing.

1.3. The maximum number of riders on the tour will be 10.

1.4. The tour is in three parts:

1.4.1. 16-17 Sept.: 2-days cycling from Coventry to Kington stopping overnight at The Worcester Travelodge and The Swan Hotel in Kington.

1.4.2. 18-21 Sept.: 4-days cycling in a remote area of Wales – Kington to Dolgoch to Tyncornel to Rhayder to Ludlow. We will be staying in basic hostels. The last day of this core part of the tour will end at the Travelodge in Ludlow.

1.4.3. 22-23 Sept.: 2-days cycling back to Coventry stopping overnight at The Premier Inn in Redditch.

1.5. Parts 1 & 3 of the tour are optional.

1.5.1. Kington is 9-miles from the nearest station in Leominster and if using the train, you should travel on 17th Sept to join the group and be ready to start cycling at 0900hrs on 18th Sept.

1.5.2. We should arrive in Ludlow by 1700hrs on 21st Sept, but I cannot guarantee the time. There is a station in Ludlow, and you could opt to travel home on 21st Sept. Or you could stay at the Travelodge and travel home on 22nd Sept.



2. Fitness

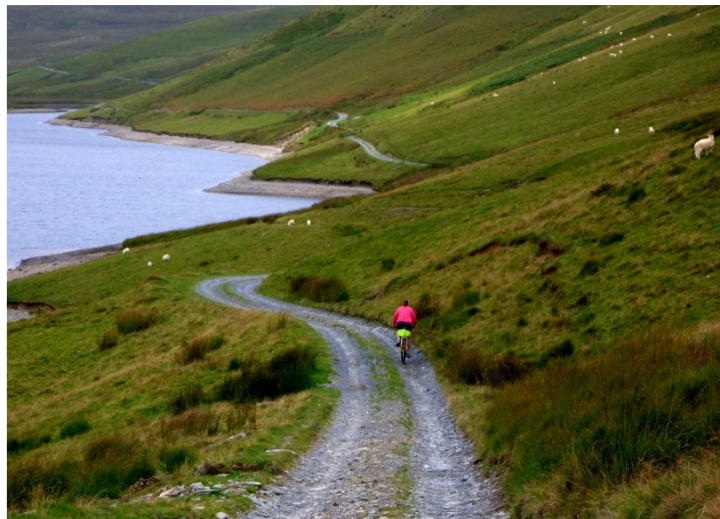
2.1. You must be prepared to ride up to 45-miles each day with up to 1400m of climbing.

2.2. This will not be a problem if you are comfortable with riding our intermediate Sunday rides.

3. Accommodation

3.1. At The Swan Hotel in Kington, I will book the appropriate number of double rooms for couples and twin-bedded rooms for the rest of the group. Maybe triple or single rooms will be needed according to the exact makeup of the group. We'll pick roommates on the day.

3.2. Dolgoch and Tyncornel are basic, self-catering remote hostels with separate male and female dormitories. There is no mains electricity at Dolgoch so you might want to bring a battery backup unit for your phone and gps. We will buy food for our communal evening meals, as late as possible in the day and carry it between us. Please bring your own breakfasts, which can be supplemented at our shopping stops when we will also buy communal milk for serials.



- 3.3. The Beili Neuadd bunkhouse, is near Rhayader and we will have sole use of the accommodation. The price of £40/head/night includes breakfast, but we will need to buy food in Rhayader for a communal evening meal.
- 3.4. All bedding will be provided at the hostels, but you will need to bring a towel.
- 3.5. Travelodges and Premier Inns provide normal hotel facilities, but evening meals and breakfasts are extra.

4. Costs

- 4.1. I am anticipating a mix of riders wanting to ride parts 1,2 & 3 of the tour. Therefore, I am asking you to make your own booking for hotels and meals in Worcester, Ludlow and Redditch including evening meals and breakfasts.
- 4.2. The cost for the core part of the tour (Kington, Dolgoch, Tyncornel and Rhayader) is £200.
- 4.3. Please make your own arrangements for any food and drink you require whilst cycling. I will let you know where refreshment and shopping opportunities are available.

5. Booking

- 5.1. The cost of the core part of the tour (Kington, Dolgoch, Tyncornel and Rhayader) is £200.
- 5.2. The maximum number of riders on the tour is 10 and the closing date for applications is 31st October 2022. An early closing date is essential in order that we can secure the necessary accommodation.
- 5.3. A full refund will be given up to 23rd August 2023, any later then only the food element of the cost will be refundable.
- 5.4. Please email Bob Tinley: Chairman@CoventryCTC.org.uk for full details and a booking form.