

## 3 Day Weekend Single Centre Tour at Aberystwyth

A 3 day extended weekend mountain biking in Wales. Suggest Saturday 22th to Monday 24th of July as it fits in with other tours and school term time.

Suggested accommodation at the Premier Inn Aberystwyth, 36-37 Marine Terrace, SY23 2NN. Everyone has to book their own room. Limited chargeable parking on-site £4 for 24 hours. There is a long stay car park nearby and i believe some overnight parking on the road to the west of the pier.

3 people have currently expressed an interest.

### Ride 1



Start from Nanty yr Arian Trail Centre, SY23 3AB, at 10:30. 20 minute drive from Aberystwyth if you decide to stay at Premier Inn on Friday night or you could drive directly to Nanty yr Arian early Saturday morning. 20 mile Syfydrin Route, estimated ride time 5 hours, no cafes until back at trail centre. All day parking £5.

Map, description & gpx file.

<https://www.mbwales.com/listings/syfydrin-trail/>

Trail Centre Info

<https://naturalresources.wales/days-out/places-to-visit/mid-wales/bwlch-nant-yr-arian-visitor-centre/?lang=en>

## Ride 2



Start from the car park in the centre of Machynlleth, SY20 8DY at 10:00. 30 minute drive from Aberystwyth. 20 mile Mach 3 route, estimated ride time 4 hours, no cafes until back in Machynlleth. All day parking £3.50.

Map, description & gpx file.

<https://www.mbwales.com/listings/mach-3/>

All Mach Trails

<https://www.visitwales.com/product/2171671>

## Ride 3



Start from Coed y Brenin trail centre, LL40 2HZ at 10:00. 1 hour 15 minute drive from Aberystwyth. 20 mile Dragon's Back route, estimated 4 hours. No cafes until back at the trail centre. Drive back home after the ride. All day parking £7.

Map, description & gpx file.

<https://www.mbwales.com/listings/dragons-back/>

Trail Centre Info

<https://www.beicsbrenin.co.uk/trails/>

**Bike Type**

Hardtail or full suspension mountain bike.

**Important**

There will be some challenging bits at times. If you feel uncomfortable about riding a particular section of the route, either ride around it if possible or simply walk your bike over the obstacle.